## analue geboortezorg



## CALL INSTRUCTION MATERNITY BED

## **NORMAL**

## **ALWAYS CALL IN THE EVENT OF:**



• A new maternity sanitary towel every two hours

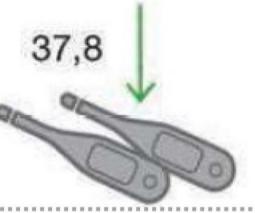
• 2 large clots within 24 hours

**BLEEDING** 



 A saturated maternity sanitary towel within a half hour

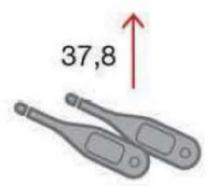
• 3 or more large clots within 24 hours



Take your temperature 2 x per day

Temperature is under 37.8 °C

**FEVER** 



 Temperature is above 37.8 °C



 Able to pass water within 6 hours after childbirth

 Able to pass water every 3 hours

Strong flow





 Unable to pass water 6 hours after childbirth

 Only droplets when passing water

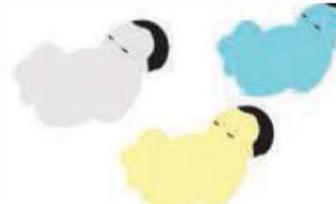
 Urge to pass water remains despite having passed water



· Pink/coloured skin colour

Blue hands and feet

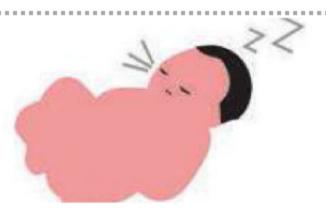




Blue (including tongue and lips)

Pale/grey

• Yellow (also call when the baby is sluggish/drowsy)



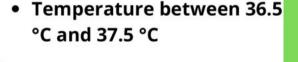
36,5 C - 37,5C

 Babies breath faster than an adult

breaths unregulary

 babies snore and/or make small noises

• Take a rectal temperature reading 2x a day

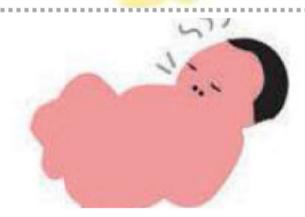


Hands and feet often feel cold



**BABY'S TEMPERTURE** 

**CONCERN** 



Breathes more than 60 x a

minute

· Difficulty with breathing

Groans

Retraction of the ribs

 Nostrils flair when breathing in



 Temperature is under 36.5 °C

 Temperature is above 37.5 °C



- · Always call if concerned or worried
- Any questions on the information supplied

